

# Landau Learner Curriculum Overview

Subject: PE Director of Learning: NC Year: 11 Core

## Curriculum organisation

Students are taught in mixed ability groups for the equivalent of one double lesson per week. Year 10 students follow a pathway suited to their strengths, students' will follow one of 5 pathways: rugby (boys), non-rugby, aesthetic, girls team and alternative, not all groups are determined by gender from this point. All students will have the opportunity to develop their knowledge of the benefits of exercise and understand how to avoid a sedentary lifestyle and subsequently hypokinetic disease.

**Curriculum Intent:** the curriculum aims to harness the specific interests' and strengths' of each student by offering personalised pathways (e.g. team sports and aesthetic activities). As a result, the curriculum ensures the inclusion of all students and promotes the spiritual, moral, cultural and physical development of each individual. Opportunity is provided throughout the curriculum for students to take part in competitive sport. Enabling students to develop resilience and co-operative skills. Further prospect to develop these skills alongside the ability to build trust in others and solve problems is provided through outdoor and adventurous activities.

## What topics will students be studying this year? Includes links to National Curriculum, Curriculum Intent and Prior Related Learning\*

Term 1:	Term 2:	Term 3:	Term 4:
<p>Boys Rugby: Handball and Badminton. *Links: <b>Prior learning Yr10:</b> Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Achieve competence and confidence by evaluating performance and developing game play.</p>	<p>Boys Rugby: Football *Links: <b>Prior learning Yr10:</b> Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Achieve competence and confidence by evaluating performance and developing game play.</p>	<p>Boys Rugby: World Sports *Links: <b>Prior learning Yr10:</b> Transfer of skills to a new activity area. <b>National Curriculum:</b> Improve skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Boys Rugby: Rugby and Basketball *Links: <b>Prior learning Yr10:</b> Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Achieve competence and confidence by evaluating performance and developing game play.</p>
<p>Non Rugby: Cricket and World Sports *Links: <b>Prior learning Yr10:</b> Transfer of skills to a new activity area. <b>National Curriculum:</b> Improve skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Non Rugby: Football *Links: <b>Prior learning Yr10:</b> Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Achieve competence and confidence by evaluating performance and developing game play.</p>	<p>Non Rugby: Basketball *Links: <b>Prior learning Yr10:</b> Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Achieve competence and confidence by evaluating performance and developing game play.</p>	<p>Non Rugby: Tag Rugby and Handball *Links: <b>Prior learning Yr10:</b> Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Achieve competence and confidence by evaluating performance and developing game play.</p>

<p>Girls Team: Hockey and Handball *Links: <b>Prior learning Yr10:</b> Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Achieve competence and confidence by evaluating performance and developing game play.</p>	<p>Girls Team: Trampoline and World Sports *Links: <b>Prior learning Yr10:</b> Evaluate performance to improve advanced skills and techniques. Improve advanced skills and techniques. Transfer of skills to a new activity area. <b>National Curriculum:</b> Evaluate performance to improve and run a competition to develop ability to perform competitively. Improve skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Girls Team: Dance *Links: <b>Prior learning Yr10:</b> Range of dance styles- improving performance skills by comparing compare with previous performance to evaluate and improve- New style of dance. <b>National Curriculum:</b> Range of dance styles- improving performance skills by comparing compare with previous performance to evaluate and improve- New style of dance.</p>	<p>Girls Team: Netball and Rounders *Links: <b>Prior learning Yr10:</b> Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Achieve competence and confidence by evaluating performance and developing game play.</p>
<p>Aesthetic: Handball and Cheerleading. *Links: <b>Prior learning Yr10:</b> Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. Improve technique and performance in a competitive sport. Evaluate performance to improve. <b>National Curriculum:</b> Achieve competence and confidence by evaluating performance and developing game play. Develop advanced techniques and performance in a competitive sport. Evaluate performance to improve.</p>	<p>Aesthetic: World Sports and Trampoline *Links: <b>Prior learning Yr10:</b> Evaluate performance to improve advanced skills and techniques. Improve advanced skills and techniques. Transfer of skills to a new activity area. <b>National Curriculum:</b> Evaluate performance to improve and run a competition to develop ability to perform competitively. Improve skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Aesthetic: Netball *Links: <b>Prior learning Yr10:</b> Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Achieve competence and confidence by evaluating performance and developing game play.</p>	<p>Aesthetic: Dance, quick cricket and rounders. *Links: <b>Prior learning Yr10:</b> Range of dance styles- improving performance skills by comparing compare with previous performance to evaluate and improve- New style of dance. Transfer of skills to a new activity area. Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Range of dance styles- improving performance skills by comparing compare with previous performance to evaluate and improve- New style of dance. Improve skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>
<p>Alternative: Badminton and Volleyball *Links: <b>Prior learning Yr10:</b> Evaluate performance to improve skills, techniques and tactics. <b>National Curriculum:</b> Develop advanced techniques in other competitive sports and develop use of tactics.</p>	<p>Alternative: Goalball and Orienteering. *Links: <b>Prior learning Yr10:</b> Develop technique in other competitive sports. Outdoor, adventurous activities, solve problems in teams in a given time frame. <b>National Curriculum:</b> Improve technique in other competitive sports. Outdoor, adventurous activities, solve problems in teams in a given time frame.</p>	<p>Alternative: World Sports *Links: <b>Prior learning Yr10:</b> Transfer of skills to a new activity area. <b>National Curriculum:</b> Improve skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>	<p>Alternative: Quick cricket and rounders. *Links: <b>Prior learning Yr10:</b> Transfer of skills to a new activity area. Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve. <b>National Curriculum:</b> Improve skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.</p>

Equipment needed for sessions:	What can you do to support your child?
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PE Kit: Trainers, football boots, shine pads, white polo shirt or red/black rugby shirt, black tracksuit bottoms, black shorts, black plain jumper, black waterproof jacket.

- Encourage your child to take part in extension activities offered at college.
- Encourage your child to join sports clubs in your community.
- Encourage them to complete any homework tasks that may be set by their PE teachers to a high standard, asking them to show you the finished work.

**How will learning be assessed and progress measured?**

- Baseline assessment in Physical Education
- Assessment based on progress in each activity
- End of year summative assessment

**Extension and enrichment activities:**

- Netball every Wednesday all year.
- Football terms 1 and 4.
- All other sports offered on the extension timetable may vary depending on day and time of year.
- Visits to watch elite sport.