

Landau Learner Curriculum Overview

Subject: PE Director of Learning: NC Year: 9 Core

Curriculum organisation

Students are taught in mixed ability groups for the equivalent of one double lesson per week. Year 9 students follow a pathway suited to their strengths, students' will follow one of 5 pathways: rugby (boys), non-rugby, aesthetic, girls team and alternative, not all groups are determined by gender from this point. All students will have the opportunity to develop their knowledge of the benefits of exercise and understand how to avoid a sedentary lifestyle and subsequently hypokinetic disease.

Curriculum Intent: the curriculum aims to harness the specific interests' and strengths' of each student by offering personalised pathways (e.g. team sports and aesthetic activities). As a result, the curriculum ensures the inclusion of all students and promotes the spiritual, moral, cultural and physical development of each individual. Opportunity is provided throughout the curriculum for students to take part in competitive sport. Enabling students to develop resilience and co-operative skills. Further prospect to develop these skills alongside the ability to build trust in others and solve problems is provided through outdoor and adventurous activities.

What topics will students be studying this year? Includes links to National Curriculum, Curriculum Intent and Prior Related Learning*

Term 1:	Term 2:	Term 3:	Term 4:	Term 5:
<p>Boys Rugby: Rock Climbing and Hockey.</p> <p>*Links: Prior learning KS3: Transfer of skills learned on year 7 residential. Improvement of specific skills and techniques. Application of strategies and tactics.</p> <p>National Curriculum: Outdoor, adventurous activities. Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p>	<p>Boys Rugby: Football</p> <p>*Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics.</p> <p>National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p>	<p>Boys Rugby: Handball</p> <p>*Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics.</p> <p>National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p>	<p>Boys Rugby: Rugby and Basketball</p> <p>*Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics.</p> <p>National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p>	<p>Boys Rugby: Athletics</p> <p>*Links: Prior learning KS3: Develop analysis skills to review performance to improve skills and techniques. Begin to compare skills to perfect model/previous performance to achieve personal best.</p> <p>National Curriculum: Develop advanced skills and techniques to improve performance.</p>
<p>Non Rugby: Orienteering and Rock Climbing</p> <p>*Links: Prior learning KS3: Transfer of skills learned on year 7 residential.</p> <p>National Curriculum: Outdoor, adventurous activities. Solving problems as a team and individually.</p>	<p>Non Rugby: Football</p> <p>*Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics.</p> <p>National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p>	<p>Non Rugby: Trampolineing</p> <p>*Links: Prior learning KS2: transfer of basic techniques: shapes, balance. (Predominantly boys groups- no KS3 experience).</p> <p>National Curriculum: Develop specific trampolining techniques to improve performance. Introduce analytical skills to compare and improve performance.</p>	<p>Non Rugby: Badminton and Handball</p> <p>*Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics.</p> <p>National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p>	<p>Non Rugby: Athletics</p> <p>*Links: Prior learning KS3: Develop analysis skills to review performance to improve skills and techniques. Begin to compare skills to perfect model/previous performance to achieve personal best.</p> <p>National Curriculum: Develop advanced skills and techniques to improve performance.</p>

<p>Girls Team: Hockey and Handball *Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics. National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p>	<p>Girls Team: Rock Climbing and Trampolining. *Links: Prior learning KS3: Transfer of skills learned on year 7 residential. Develop control of skills and techniques. Use of comparison to analyse performance. National Curriculum: Outdoor, adventurous activities. Develop advanced skills and techniques, compare with previous performance to evaluate and improve.</p>	<p>Girls Team: Dance *Links: Prior learning KS3: Develop analytical skills to improve technique and skill. National Curriculum: Range of dance styles- improving performance skills by comparing performance with previous performance to evaluate and improve.</p>	<p>Girls Team: Netball, orienteering and rounders. *Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics. Transfer of skills learned on year 7 residential. National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. Outdoor, adventurous activities. Solving problems as a team and individually.</p>	<p>Girls Team: Athletics *Links: Prior learning KS3: Develop analysis skills to review performance to improve skills and techniques. Begin to compare skills to perfect model/previous performance to achieve personal best. National Curriculum: Develop advanced skills and techniques to improve performance.</p>
<p>Aesthetic: Handball and Trampolining. *Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics. Develop control of trampolining techniques comparing performance to perfect model. National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. - Improving performance skills by comparing compare with previous performance to evaluate and improve.</p>	<p>Aesthetic: Orienteering and Rock Climbing *Links: Prior learning KS3 Transfer of skills learned on year 7 residential. National Curriculum: Outdoor, adventurous activities. Solving problems as a team and individually.</p>	<p>Aesthetic: Cheerleading *Links: Prior learning KS3: Further development of advanced dance skills and gymnastic techniques. National Curriculum: Transfer and develop technique and performance in other competitive sports. Use of skills from gymnastics and dance.</p>	<p>Aesthetic: Netball, dance and rounders. *Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics. Further development of advanced dance skills. National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. Improve performance in other competitive areas.</p>	<p>Aesthetic: Athletics *Links: Prior learning KS3: Develop analysis skills to review performance to improve skills and techniques. Begin to compare skills to perfect model/previous performance to achieve personal best. National Curriculum: Develop advanced skills and techniques to improve performance.</p>
<p>Alternative: Badminton and Volleyball *Links: Prior learning KS2/3: transfer of basic skills; racquet skills, hand eye co-ordination. Improve skills and techniques. Begin to apply strategies to overcome opponents. Range of experience (predominantly mixed gender group). National Curriculum: Develop technique in other competitive sports and develop use of tactics.</p>	<p>Alternative: World Sports and Orienteering. *Links: Prior learning KS3: Transfer of skills to a new activity area. Transfer of skills learned on year 7 residential. National Curriculum: Transfer and develop technique and strategies to overcome opponents. Outdoor, adventurous activities. Solving problems as a team and individually.</p>	<p>Alternative: Rock Climbing *Links: Prior learning KS3: Transfer of skills learned on year 7 residential. National Curriculum: Outdoor, adventurous activities.</p>	<p>Alternative: Netball, quick cricket and rounders. *Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics. Transfer of skills to a new activity area. National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies.</p>	<p>Alternative: Athletics *Links: Prior learning KS3: Develop analysis skills to review performance to improve skills and techniques. Begin to compare skills to perfect model/previous performance to achieve personal best. National Curriculum: Develop advanced skills and techniques to improve performance.</p>

Equipment needed for sessions:	What can you do to support your child?
PE Kit: Trainers, football boots, shine pads, white polo shirt or red/black rugby shirt, black tracksuit bottoms, black shorts, black plain jumper, black waterproof jacket.	<ul style="list-style-type: none"> • Encourage your child to take part in extension activities offered at college. • Encourage your child to join sports clubs in your community. • Encourage them to complete any homework tasks that may be set by their PE teachers to a high standard, asking them to show you the finished work.
How will learning be assessed and progress measured?	Extension and enrichment activities:
<ul style="list-style-type: none"> • Baseline assessment in Physical Education • Assessment based on progress in each activity • End of year summative assessment 	<ul style="list-style-type: none"> • Netball every Wednesday all year. • Football terms 1 and 4. • All other sports offered on the extension timetable may vary depending on day and time of year. • Visits to watch elite sport.