



LANDAU
FORTE
COLLEGE
DERBY



Remote Learning 2020-2021

Information for
Parents and Carers

Remote Learning

We understand you are keen for your child to continue to progress with their learning, as we are.

Schools have a duty to provide remote learning for students unable to attend school due to COVID-19. Our Remote Learning Policy can be found on the College website.

In the event of whole year groups not being able to attend school or school closure due to COVID-19:

- Teachers will continue to set appropriate online learning tasks for students via Show My Homework. The platform becomes the remote learning platform (not a homework platform) in the above scenarios.
- The work set will follow your child's usual timetable, enabling students to have access to the breadth of their curriculum. For example, if they would usually have science on their timetable on Monday week 1 from 9:20-10:10 in school, this is what they will study during this timeframe at home using the tasks provided by expert teachers on Show My Homework.
- Teachers will upload learning tasks in time for the lesson they would have had on that particular day.
- Show My Homework can be accessed from smart phones and a free app is available.
- Teachers will respond on Show My Homework when a piece of work is being marked and has been submitted online.
- To enhance the remote learning, you may also find it helpful to explore Oak National Academy and BBC Bitesize resources, in addition to learning experiences that you can explore on our Culture Fest app: <https://landaufortecollege.glideapp.io/>. This may be the case if your child completes the work set before the end of the usual scheduled lesson.

- Please make the College aware as soon as possible if you do not have access to Show My Homework. We will work with you to ensure your child continues to learn effectively.

In the event of individual students being required to self-isolate:

- You will be sent a link and guidance to access remote learning (they will be personalised for the timetable relevant for your child).
- While your child is awaiting their result of a COVID-19 test, we would like them to continue with their education through a learning platform called Seneca. This platform uses a range of images, text and questions to build students understanding and subject knowledge.
- If your child does not already have a Seneca account they will need to sign up with their College email. This platform is free and students do not require the premium content. After following the link, your child can click on the relevant class and then the 'Start Learning' button in the top right to begin. The platform will direct your child through the learning for that

subject and they will have to enter answers where they will receive immediate feedback.

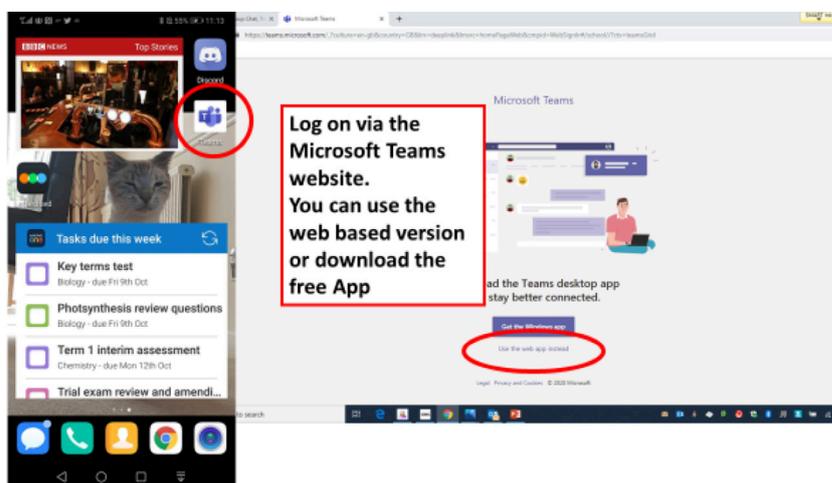
- If you need support on how to sign up or join classes, please watch the video on the College website.

What shall I do if my child is struggling with remote learning?

- Please just try your best with the work within the timeframe of each lesson's upload on Show My Homework. We do not expect students to be 'going over' this time to complete tasks. They can submit what they have achieved on Show My Homework so the teacher can see what hasn't been completed or what your child has struggled with.
- Your child is able to ask their teacher for support using a Show My Homework message or by sending them an e-mail using their College e-mail address. Please note, they should not use personal e-mail addresses or other forms of communication.
- If your child accesses the support of the Individual Needs Team in College, please make contact with Mr Goring if your child is struggling. There will be some families the Individual Needs team will contact in the event of school closure to help support the remote learning.
- If you are having problems with accessing the work due to technology (such as no access to the internet), please inform the College as soon as possible.

Use of Microsoft Teams for remote learning:

- For some lessons, Microsoft Teams will be used. There is a





link already through the Show My Homework platform. In order to access Microsoft Teams, your child does not need to set up an account, as they will be able to use their College username and password. You can log on via the Microsoft Teams website or free app.

- Although most sessions will not be 'live streamed', one of the benefits of using Microsoft Teams is that teachers are able to ask students questions and vice versa using the 'chat' function during the session. Students are also able to click a button to 'raise their hand' if support is needed. Wherever possible, your child's teacher will be 'present' for the online session when your child is to answer questions about the work.

All students sign an 'Acceptable Use Policy' at College which includes e-safety rules and this also applies when children are working on computers at home.

We just want you to try your best. If you are experiencing any difficulties or have any concerns, please contact your child's Head of Year using our contact form: <https://landau-forte.org.uk/contact>



Try to work in a quiet space, preferably at a desk or table if you have access to one.

STICK TO A ROUTINE

Set an alarm, get up and out of bed at the same time daily. Go to bed at a reasonable time, too. The Sleep Foundation recommends teenagers need around 8-10 hours of sleep each night.

STICK TO A TIMETABLE

Write yourself a timetable that is similar to how your day at College would be and stick to it each day. If you are in a routine, you are more likely to be more productive. Make sure you fit in regular breaks too (around 10 minutes for each hour). In these breaks, have a healthy snack, try to be active or do something relaxing like listening to music or doing a jigsaw.

GENERAL TIPS...

AVOID DISTRACTIONS

As tempting as it is to have your phone beside you or the TV on, these things will distract you, and it will take you longer to complete your tasks. Listen to relaxing music or the radio if needed to help you.

STAY CONNECTED

Communicate with peers and teachers that you would normally see on a daily basis as much as possible. You can e-mail your Personal Tutor and Learning Tutors using the College e-mail or message them on Show My Homework.



KEEP MOVING

There are plenty of home exercise videos you can follow on YouTube, from yoga to aerobics. You may even find a new hobby! It is a proven fact that exercise helps concentration and will improve your mood too, so it is important you take time to exercise daily. You may decide, for example, to start each day with the Joe Wicks 9am PE lessons.

FOOD THAT HELPS YOU BOOST YOUR LEARNING...

Many foods can help keep your brain healthy. Some foods, such as fruits and vegetables, as well as tea and coffee, have antioxidants that help protect your brain from damage. Others, such as nuts and eggs, contain nutrients that support memory and brain development. The NHS also recommends drinking 6-8 glasses of water per day.

- Fruits and berries - Apples are high in fibre and vitamin C. They make the perfect snack if you are hungry between meals.

Advice for Parents and Carers

Regardless of your child's age, it is important to have a schedule for them during their additional time at home. Educators recommend providing structure to each day by allocating time to different activities and sticking to this on a day-to-day basis.

Home learning doesn't mean that you have to be the teacher. Use the things available to you, such as work sent by the school or the many online free

resources. Try to check the quantity and quality of work they are completing. Tasks from teachers will be visible on Show My Homework with guidelines as to the amount of time that should be spent on each task.

Try to fit exercise into the daily routine. If outdoor activity isn't an option, there are many workouts or yoga classes for young people available on websites such as YouTube.

Let College know if there are any barriers to your child being able to learn from home. E.g. Due to IT difficulties or internet problems.

It is important to allow children time to chat to friends on things like Facetime for example, so that they are socialising. If you are concerned about their time spent online, the following organisations can provide useful advice.



- Strawberries are highly nutritious and low in both carbs and calories.
- Nuts and seeds – Almonds are loaded with vitamin E, antioxidants and fibre.
- Vegetables – Carrots are full of fibre and vitamin K and make a quick, preparation-free snack.
- Broccoli contains a decent amount of protein compared to other vegetables.
- Potatoes are loaded with potassium and contain a little bit of almost every nutrient you need, including vitamin C.



CEOP

www.ceop.police.uk/safety-centre

The Children’s Commissioner ‘Digital 5 a Day’

www.childrenscommissioner.gov.uk/our-work/digital/5-a-day

Net Aware NSPCC

www.net-aware.org.uk

NSPCC Online Safety Helpline 0808 800 5002

The link below gives you a number of tips around online safety, which you may find useful relating to social media apps, and advising how to set up parental controls on your computer.

<https://www.net-aware.org.uk>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls>

Wellbeing

The link below is from the World Health Organisation and contains information about healthy parenting in what are obviously unusual times. Again, you may find some of the advice useful.

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/healthy-parenting>

Learning from Home

The Department for Education has brought out a list on online educational resources to help children learn at home:

<https://www.gov.uk/government/publications/coronavirus-covid-19-online-education-resources/coronavirus-covid-19-list-of-online-education-resources-for-home-education>

There are also be daily lessons available from BBC Bitesize:

<https://www.bbc.co.uk/bitesize>

Other resources

In order to keep your children entertained there are now numerous websites offering educational content in the form of documentaries, which are now free to use. The list below gives you a flavour of these. The timings are for guidance and you would certainly not have to use all of them, but you may find some of them interesting.

Museums

- Anne Franke Museum, Amsterdam, Netherlands - <https://www.annefrank.org/en/museum/web-and-digital>
- British Museum, London - <https://britishmuseum.withgoogle.com>
- Guggenheim, Bilbao, Spain - <https://www.guggenheim-bilbao.eus/en>
- Hermitage Museum, St Petersburg, Russia - <https://www.youtube.com/watch?v=49YeFsx1rlw&feature=youtu.be> • Louvre Museum Paris - <https://www.louvre.fr/en/visites-en-ligne>
- MASP, Sao Paolo, Brazil - <https://masp.org.br/en>
- Met Museum, New York - <https://www.metmuseum.org/art/online-features/met-360-project>
- Musée d'Orsay, Paris - <https://m.musee-orsay.fr/en/home.html>
- Musei Vaticani, Vatican City - <http://www.museivaticani.va/content/museivaticani/en/collezioni/musei/tour-virtuali-elenco.html>
- Museum Of London Docklands - <https://www.museumoflondon.org.uk/about-us/business-services/venue-hire/museum-london-docklands/virtual-tour>
- National Gallery Of Arts, Washington DC - <https://www.nga.gov>
- National Gallery, London - <https://www.nationalgallery.org.uk/visiting/virtual-tours>
- National Museum Of US Air Forces - <https://www.nationalmuseum.af.mil>
- Natural History Museum, London - <https://artsandculture.google.com/streetview/the-natural-history-museum-hintze-hall/yQHjHCmSOMKyhQ>
- Palestine Museum - <https://www.palmuseum.org/ehxibitions/virtual-exhibitions>
- Picasso Museum, Barcelona - <http://www.bcn.cat/museupicasso/en/museum/presentation.html>
- Rijksmuseum, Amsterdam, Netherlands - <https://artsandculture.google.com/partner/rijksmuseum>
- Royal Academy Of Arts, London - <https://britishart.yale.edu>
- Salvatore Dali Museum, Figueres, Spain - <https://www.salvador-dali.org/en/museums/dali-theatre-museum-in-figueres/visita-virtual/#>
- Tate Britain, London - <https://www.tate.org.uk/visit/tate-britain/display/walk-through-british-art>
- The J. Paul Getty Museum, Los Angeles, United States - <https://artsandculture.google.com/partner/the-j-paul-getty-museum>
- The Museum of Flight - <https://museumofflight.org/Explore-The-Museum/Virtual-Museum-Online>
- The National Museum of Computing on Bletchley Park - <https://britishart.yale.edu>
- Uffizi Gallery, Florence, Italy - <https://artsandculture.google.com/partner/uffizi-gallery>
- US Holocaust Museum - <https://www.ushmm.org/information/exhibitions/online-exhibitions>
- Van Gogh Museum, Amsterdam, Netherlands - <https://artsandculture.google.com/partner/van-gogh-museum>
- Virginia Living Museum - <https://thevlm.org/visit/about-us/covid-19-update/natural-education>
- Women's History Museum, Virginia, USA - <https://www.womenshistory.org/womens-history/online-exhibits>
- Yale Centre For British Art - <https://britishart.yale.edu>

Tourist Destinations

- Buckingham Palace, London - <https://www.royal.uk/virtual-tours-buckingham-palace>
- Colosseum, Rome - <https://tinyurl.com/thrprzf>
- Machu Picchu - <https://www.youvisit.com/tour/machupicchu?pl=f>
- Northern Lights - <https://explore.org/livecams/aurora-borealis-northern-lights/northern-lights-cam> • Pyramids - <https://www.tripsavvy.com/virtual-field-trip-pyramids-1259200>
- Stonehenge - <https://tinyurl.com/wz3xgz7>
- Street Art with Google - <https://streetart.withgoogle.com/en>
- Taj Mahal, Agra, India - <https://tinyurl.com/qpz7vmt>
- The Great Wall Of China - <https://www.thechinaguide.com/destination/great-wall-of-china>
- Tour of Rome, Italy - <https://tinyurl.com/s5vlzbc>

General Sites

- AirPano - <https://www.airpano.com>
- Berliner Philharmoniker - <https://www.digitalconcerthall.com/en/home> • ExoPlanets NASA - <https://exoplanets.nasa.gov>
- Legoland - <https://www.legoland.dk/en/accommodation/hotel-legoland/virtual-tour>
- NASA, Langley Research Centre - <https://oh.larc.nasa.gov/oh>
- The Kennedy Centre - <https://www.kennedy-center.org/digitalstage>
- Walt Disney Parks - <https://tinyurl.com/v7qano5>
- Wellcome Collection - <https://my.matterport.com/show/?m=rMGsprcVCAR>

Zoos

- African Animals - <https://explore.org/livecams/african-wildlife/african-animal-lookout-camera>
- Atlanta Zoo - <https://zooatlanta.org/panda-cam>

- Cincinnati Zoo - <https://www.facebook.com/events/2915534028492292>
- Dublin Zoo - <https://www.dublinzoo.ie/animals/animal-webcams/elephants>
- Edinburgh Zoo - <https://www.edinburghzoo.org.uk/webcams/panda-cam>
- Explore.org Live Cams - <https://explore.org/livecams>
- Flamingo Land - <https://www.flamingoland.co.uk/virtual-tour>
- Florida Aquarium - <http://www.flaquarium.org/sea-span>
- Hirakawa Zoo, Japan - <https://hirakawazoo.jp/animal/movie>
- International Wolf Centre - <https://wolf.org/wolf-cams2>
- Kansas City Zoo - <https://www.kansascityzoo.org/ouranimals/list-of-animals/king-penguin>
- Melbourne Zoo - <https://www.zoo.org.au/animal-house>
- National Aquarium, USA - <https://www.aqua.org/Experience/live>
- National Zoo, Washington DC - <https://nationalzoo.si.edu/webcams>
- Osaka Zoo - <http://www.wombat-tv.com/>
- San Diego, California, Zoo - <https://zoo.sandiegozoo.org/live-cams>
- Smithsonian, Washington DC - <https://nationalzoo.si.edu/webcams>
- Yellowstone National Park - <https://www.nps.gov/yell/learn/photosmultimedia/virtualtours.htm>

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