



# THE LANDAU LEADER

NEWS AND INFORMATION FROM LFCD

## LFCD welcomes the Princess of Wales to discuss mental wellbeing and building resilience

**Landau Forte College Derby hosted Princess of Wales and Captain Chandi, polar explorer**

On Wednesday 8 February, staff and students at LFCD welcomed the Princess of Wales to the school. Her Royal Highness was joined by Captain Preet Chandi MBE, the British Army medical officer who in January 2023 broke the world record for a solo and unsupported polar expedition. Her Royal Highness was Patron of Preet's expedition, in which Captain Chandi covered 922 miles in 70 days and 16 hours, skiing for 13-15 hours a day with as little as five hours sleep at night. Preet pulled all her kit and supplies on a pulk weighing around 120kg while battling temperatures of -

50c and wind speeds of up to 60mph. During the visit, Captain Chandi spoke to students about her expedition before being joined by Her Royal Highness presenting an award to Simrat Soggi, a Y10 student. Ahead of her expedition, Captain Chandi ran a competition where she invited schools across the country to design a logo which could feature on her pulk for the duration of her journey. Simrat was one of eleven winners nationwide. Her Royal Highness then joined students as they took part in a number of activities aimed at bringing Captain Chandi's expedition to life and illustrating how she prepared for it, including examples of her training programme and the types of food she

consumed. Finally, Captain Chandi and Her Royal Highness spoke to Year 11 and Sixth Form students about the importance of building resilience as well as mental wellbeing in all aspects of life. The Princess has long been an advocate of the huge impact the outdoors can have on our wellbeing and the life skills it nurtures, such as confidence and resilience. She is committed to promoting this to young people, including through her work with organisations such as the Scouts, of which she is joint President. The day was such a memorable experience for all in the Landau Community!



## Landau Forte Enrichment Fund – Up coming events

May 10<sup>th</sup> – Film Club  
May 26<sup>th</sup> – Non uniform  
May 26<sup>th</sup> –Tuck Shop  
June – Film Club  
July - Summer  
Serenade  
July 19<sup>th</sup> – Culture  
week celebration



## The Landau Forte Enrichment Fund

The Landau Forte Enrichment Fund (EF) total is currently **£3880.37**, we'd like to personally thank students, staff and parents/carers for their support so far. There is lots of activity trying to raise funds for our students so that they can enjoy enrichment activities outside of the curriculum. We recently wrote to over 400 of our suppliers asking for donations. Getting donated a whopping £250.00, which is fantastic. We also had our first Landau Film Club showing – Black Adam, around 80 parents

and students visited and had a great time. Tickets for May Film Club will be available soon, along with tickets for our adults only comedy night on February 3rd 2024. Please keep an eye out for a updated list of event coming out soon!



## Landau's Got Talent!

Well done to all the amazing contestants who took part in Landau's Got Talent - we had singers, musicians, comedians, contortionists, a band and magicians. Very well done to our winners Liv and Erik - super talented, so proud of you both.

## VEX Robotics National Championship success

Well done to our team of Y8 and 9 students who came a very respectable 8th out of 600 teams in the recent National Championship, narrowly missing out on a place on the World Finals in the USA!

Well done to all the students involved - we are incredibly proud of you and huge thanks to Mr Armah for his ongoing support of our talented teams!



## Karma Nirvana

In March sixth form students attended a virtual presentation on honour based abuse and forced marriage. This event was part of the weekly sixth form extension program of non-qualification activities and on this occasion was delivered by a representative from *Karma Nirvana* who were established in 1993 as a specialist charity to support survivors and victims in the UK. The engaging presentation informed students about the story behind why the charity was initially established as well as legal information around forced marriage. This preceded information about how honour based abuse was typically perpetrated, the wide demographics of victims and the *Do's and Don'ts* for anyone who became aware of someone at risk. The presentation was exceedingly well received by the sixth form who found the information both moving and informative – the sense of engagement in the Theatre was palpable.

# NEA International Mentoring Workshop in Science, Engineering and Decommissioning

During March five Y13 students studying A Levels in STEM subjects were invited by Rolls Royce to Birmingham to attend the NEA International Mentoring Workshop in Science, Engineering and Decommissioning supporting Britain's Future Female Nuclear Leaders. The event was co-organised by the Department for Energy Security and Net Zero and brought together representatives from across the world to speak about their careers and the pathways that they followed. These guests included William D Magwood IV who is the Director-General of the NEA, appointed by the President of the USA. We also listened to a talk from Helen Langevin-Joliot, a distinguished nuclear physicist and granddaughter of Marie and Pierre Curie. She spoke about how she has encouraged young woman to pursue scientific careers, using her mother and grandmother as prime examples of women who overcame challenges to succeed in their professional careers.

The students listened to presentations from each of the mentors who were from various companies, including Frazer- Nash Consultancy, the Nuclear Energy Agency in the USA, the Environment Agency and the National Nuclear Laboratory in the UK as well as speakers from France, Romania and Germany.

The mentors and students were invited to network in small groups allowing them to ask

questions and gain a further insight into their career progression, often beginning in very different fields of industry.

On the second day the students listened to a lecture from Beccy Pleasant, Head of Nuclear Skills and Rutendo Madhlanbudzi, Project Manager, both from the Nuclear Skills Strategy Group. The students prepared and presented their views and findings from the two day programme to the speakers and mentors.

The event was the first of its kind and gave a powerful message to the female students about resilience and determination whilst reinforcing the message that their careers may change on several occasions until they reach their goals. Ellie (Year 13) said, "It was enlightening to see the industry from a female perspective."



## An Inspector Calls

Students visited the Theatre Royal in Nottingham to see Stephen Daldry's multi award winning production of An Inspector Calls. The visit was a huge success, the students experienced a wonderful performance. The set was unique with some interesting special effects and the cast were dynamic and engaging. The ambiguous ending resulted in lots of confused faces and questions from the students and staff! Overall, an enriching day out for Y9 students in preparation for studying An Inspector Calls in Y10.

## Welcome back to our ex Year 13 students!

It was a real privilege to welcome our Year 13 students back to LFCD. It was lovely to hear about how they are settling in to university, their apprenticeships and jobs. Once a Landau student - always a Landau student!



# Another brilliant charity fundraising day!

Thanks to our Y12 and Y9 students who raised over £1600 via their non uniform and samosa sale day. The money was raised in memory of our dear student Musa and will be donated in full to KORT, an orphanage in Pakistan which the school has developed links with over the last four years.



## Democracy in action at LFCD

Thank you to all our students who recently participated in voting for the Derby Youth Mayor and our very own Landau Forte MPs! Democracy and the rule of law is a crucial part of our personal development programme.



## Year 10 Work Experience

Well done to all our Y10 students who recently participated in a week of work experience. Thank you to all the local, national and international employers who supported our students by offering places. Work experience is absolutely invaluable for our young people. We received so much outstanding feedback

regarding our students' commitment to their work experience. Students were commended for showing resilience, initiative and hard work during their placements. Well done and thank you to everyone involved!



# Careers at LFCD

This term we have had a range of exciting careers experiences for our students. Y8 and Y10 students have taken part in gatherings from Derby College on the provision they offer and a focus on apprenticeships and the new T Level qualifications.

Y10 have successfully completed a week long work experience, with fantastic feedback from their 'employers' and a rewarding week of learning about the world of work and developing essential skills.

Y11 students continue to have 1-1 careers meetings with our Luminare partners to support them in the next stage of their educational journey.

Most recently our Y10 cohort were paired up with a local employer and took part in a 1-1 mock interview. The students were magnificent and did themselves and the college proud. Comments from the local employers include; 'the best interviewer I have interviewed in 5 years' to 'I would give this person a job tomorrow'.

Finally, it is with great pride that we have achieved 100% in all categories for our careers provision as recognised by the Compass Plus diagnostic tool and external validation. This accomplishment shows the fantastic careers provision across all key stages our young people receive.



## Y13 Masterclasses

Originally implemented to help support students during both the challenges of the pandemic and the linear-style assessments of A Level courses, the *Y13 Masterclass season* is now an annual event. These classes held after College each evening from January to March enable all Y13 students to consolidate and deepen their understanding of selected key topics which were initially delivered to them in Y12. Our subject experts are well placed to know which concepts and topics typically provide the greatest challenge and risks of misconceptions to students and these are delivered in a pacy, lecture style format. Each subject delivers three Masterclasses, strategically placed between the second trial exam window and the *Y13 Viva week*, which itself then leads into the final trial exams of the year. Students have appreciated these additional opportunities to ensure they maximise their outcomes, describing these as 'really helpful sessions'.

## Pi Day competition

In March, LFCD held its annual Pi Day competition – started by Mrs Uff in 2020 - on Pi Day itself (the 14<sup>th</sup> day of the 3<sup>rd</sup> Month).

A number of students from Y7 to 10 took part in this fantastic competition where they were asked to recite as many digits of Pi as possible to celebrate this day. We achieved lots of entries with some extremely high scores. Lots of house points, golden tickets and Pi day badges were awarded for the successes achieved in this competition.

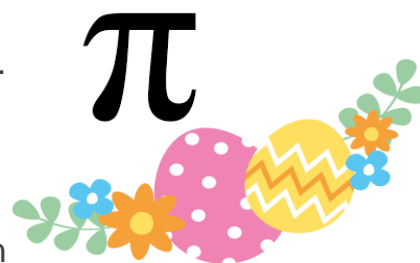
Our 2023 winners were:

1<sup>st</sup> - Amanda (Y9) with a huge 237 digits

2<sup>nd</sup> - Ayaan (Y7) with 156 digits

3<sup>rd</sup> - Emma (Y9) with 134 digits

Well done to all students who got involved!



## Netball at LFCD



Y7 have continued their strong form this term with another win against Derby High and a loss of only one goal against Lees brook. They have also competed in the Derby schools tournament where they finished 4<sup>th</sup> in the group, so we look forward to improving on this next year,

We have struggled with commitment from Y8 this year and have not been able to field a team, until this term. We are so pleased with the progress the

girls have made, they were due to play their first fixture last week but unfortunately it was rained off. Keep an eye out for their results next term.

In Y9 we have two netball teams and both of these teams have been playing extremely well. The A team have won all their fixtures this term and are preparing to play in the Derby schools tournament where we are hopeful for a top 3 finish.

## MFL Spelling Bee

Y7 students have been working hard since September to prepare for the Foreign Language Spelling Bee. Y8s have also taken part in the Translation Bee for the first time this year. This has involved a significant amount of individual effort, with Y7s learning a massive 150 words in their own time, and Y8 students having to translate a huge range of sentences in two tenses. After our class competitions in December, the winners from each LF took part in the whole-school stage of the competition, spelling or translating in front

of their entire year groups! All students involved worked extremely hard and showed a lot of courage, and the year groups acted as very supportive audiences.

Well done to our winners - Ethan, Jamal, Zainab in Y7 and Kendahl, Emma and Paulina in Y8 - who will go on to the regional stage of the competition at Nottingham University.



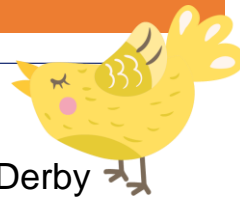
## Girls' Cricket

Our U13 girls had their first ever cricket game in February. They played against Trent College, many of whom play for clubs outside of school. We lost the game but the girls made it very difficult for Trent to chase down their runs, Trent College only managed to take the win in the final over. We are now looking forward to some summer fixtures.

## Football at LFCD

The Y7 football season resumed in February with a difficult fixture against St John Houghton in the County Cup but unfortunately we were on the wrong side of a heavy defeat, however Lucius scored two fantastic consolation goals. Our league season has been much more promising with three excellent wins to place us at the top of the league with one match to play. The first game was a tricky tie away at St Benedicts but a strong performance saw a 4-1 victory which was followed up by emphatic victories winning 4-0 at home to CODA and 7-1 victory away to Bemrose. Jesse and Lucius have both dominated the scoring charts scoring providing a combined ten goals between them. The Y8 football team have had a successful season reaching the league play offs and the second round of the county cup. The team unfortunately fell short in both the play offs and the county cup however they displayed great effort and represented Landau brilliantly. The team will look to improve on this seasons results next year, having a strong team spirit and embodying the values of LFCD.

## LFCD Dancers



Our dancers took part in the Derby Celebration of Dance. The theme was disco and the girls looked the part in their tie dye t-shirts. They have worked extremely hard on a routine that was fun and energetic and executed it with precision. We are biased, but we think the girls had the best performed routine at the show.



# Year 9 students take center stage in Poetry Slam

We recently welcomed performance poets, Tamika and Molly to work alongside 60 Y9 students and take part in a Spoken Word Power Poetry Project. Students were given the opportunity to express themselves creatively using the power of voice. The theme of the project was 'places I'd like to go'.

Students worked in small groups or independently to produce a poem which

was performed in a mini Slam. All students amazed the judges with fantastic performances from Deona and Emma, our runners up and Taha, Mohammed, Micah who came in third place.

Congratulations to our Slam winners - Jahmi, Omar and Ryan! Please enjoy reading their winning poem.



*My name is Drake,  
And I ain't no snake.  
These lives I take,  
They're no longer awake.*

*Drake's music moves me like an ocean  
(Ocean)  
Switch up that beat, put me in slow motion  
(Motion)  
My gang moves like a storm trooper  
(Trooper)  
The girl in my dm's is calling me super  
(Super)*

*I'm flying in my jet (Jet)  
Ain't got no debt (Debt)  
No need to sell my pet (Pet)  
And no, I don't bet (Bet)*

*I'm set to land,  
Boutta make a grand.  
I arrive on the stage,  
Free from my cage.*



## First story 2022/23

40 Y9 students were selected to take part in a series of writing workshop with spoken work artist, Sian Tower. All engaged with various writing tasks to develop their creative writing skills, as well as improving their oracy and self-esteem. Their writing has been both liberating and unapologetic and we really look forward to seeing their published pieces in their very own anthology towards the end of this academic year!

## Young Writer's Festival, Cambridge University

Headlined by celebrated multi-award winning children's author, Manjeet Mann.

Matilda from Y11 was fortunate to be selected from hundreds of students in the Midlands to interview Manjeet Mann as part of a student panel, discussing both her writing journey and award winning books: *The Crossing* and *Run Rebel*. Matilda engaged with various writing workshops, led by talented authors,

poets and playwrights, plus a university campus tour, and culminating with a young writers showcase. Matilda volunteered to take the stage and share some of her powerful and creative writing pieces and was an inspiration and shining example for many!



# If you are feeling upset or worried or have concerns talk to someone

**Other people you can talk to:**  
Your tutor, your Head of Year, Deputy Head of Year, your teachers or support staff

Send an email to:  
[safeguarding@landau-forte.org.uk](mailto:safeguarding@landau-forte.org.uk)

Contact any of these groups who are there to support you:

- ChildLine 0800 1111
- NSPCC 0800 800 5000
- Click, Stop, Think! Internet Safety

[safeguarding@landau-forte.org.uk](mailto:safeguarding@landau-forte.org.uk)

## What does it take to be my 'Best Me'?

During tutor time students in Y7 - 11 looked at how to be their, 'Best Me' developing characteristics that will help them continue to grow and flourish as they move through school into the wider world. Students are encouraged to develop these skills through discussion based activities and gatherings. Students are also encouraged to demonstrate these skills throughout school and can be rewarded through achievement points or even get recognised for a principal's award!

**BRAVERY** Having the courage to do what's right even when it's unpopular, or if it's difficult, show self-control

**EMPATHY** Recognising and understanding the feelings and viewpoints of others - see all size community

**SOCIAL CONFIDENCE** Making points in a clear and convincing way. Listening to others will help you to be more persuasive!

**TENACITY** Being motivated & driven internally (not by superficial rewards) - persist to achieve, be resilient when things don't go well first time.

**MANNERS AND MODESTY** Breaking others' politeness, holding the door open, saying 'please' and 'thank you', are the right thing to do and makes you feel good!

**ENJOYMENT** Effort in the now pays off in the long term. Believing in yourself helps you to enjoy what you are doing and achieve well!

**We hope you all had a Happy Easter and a Happy Vaisakhi!  
Eid Mubarak to all who will be celebrating very soon.**

## Landau celebrate International Women's Day 2023

This year's theme for IWD was to Embrace Equality and encourage women into STEAM subjects! Landau students celebrated by engaging in gatherings delivered by two fantastic Y12 students, Avneet and Matilda who discussed the importance of marking IWD and the need for women to get into STEAM subjects. We also had posters around the collage designed by our Amnesty International Group, celebrating powerful women. The group also orchestrated music by strong female influences to be played in our reception area as students walked into the building to get students to start the conversation of embracing equality. Students also participated in tutor time activities celebrating inspirational women and were encouraged to create pieces on women who inspire them. Y12 have also taken part in an 'Embracing Equality' workshop looking at what inequality looks like around the world. To complete IWD some of our Y7 students came together to plant a tree in our quad area to represent the landau values of students coming together and to continue to grow and flourish.



<b>OPPORTUNITY</b> <b>6680</b> HOUSE POINTS	<b>VERSATILITY</b> <b>6504</b> HOUSE POINTS	<b>DIVERSITY</b> <b>6654</b> HOUSE POINTS	<b>EQUALITY</b> <b>5786</b> HOUSE POINTS	<b>LIBERTY</b> <b>6074</b> HOUSE POINTS
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