

Landau Learner Curriculum Overview

Subject: PE Director of Learning: NC Year: 10 Core

Curriculum organisation

Students are taught in mixed ability groups for the equivalent of one double lesson per week. All students will have the opportunity to develop their knowledge of the benefits of exercise and understand how to avoid a sedentary lifestyle and subsequently hypokinetic disease. All students will access OAA activities during sport and culture week.

Curriculum Intent: the curriculum aims to harness the specific interests' and strengths' of each student by offering a variety of activities. As a result, the curriculum ensures the inclusion of all students and promotes the spiritual, moral, cultural and physical development of each individual. Opportunity is provided throughout the curriculum for students to take part in competitive sport. Enabling students to develop resilience and co-operative skills. Further prospect to develop these skills alongside the ability to build trust in others and solve problems is provided through outdoor and adventurous activities.

What topics will students be studying this year? Includes links to National Curriculum, Curriculum Intent and Prior Related Learning*

Term 1:	Term 2:	Term 3:	Term 4:	Term 5:
Boys : 1 of basketball, volleyball or badminton *Links: Prior learning Yr9: Outdoor, adventurous activities. Development of advanced skills and applying strategies as a team. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.	Boys: Fitness and Cultural and Diverse Sports *Links: Prior learning Yr9: what fitness is and how it can be developed. National Curriculum: How to maintain and healthy active lifestyle.	Non Rugby: Football *Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.	Boys: Rugby and Handball *Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.	Boys: Athletics and Cricket *Links: Prior learning Yr9: Development of advanced skills and techniques. National Curriculum: Comparison of advanced skills and techniques to previous performance and perfect model to improve performance. Develop a variety of tactics and strategies and evaluate performance to improve.
Girls: Football and Cultural and Diverse Sports *Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.	Girls: Badminton or Volleyball and Handball. *Links: Prior learning Yr9: Outdoor, adventurous activities, basic rock climbing skills. Develop advanced skills and techniques, compare with previous performance to evaluate and improve. National Curriculum: Outdoor, adventurous activities, advanced rock climbing skills. Evaluate performance to improve advanced skills and techniques. Improve advanced skills and techniques.	Girls: Dance and Trampolining *Links: Prior learning Yr9: Range of dance styles and trampoline skills-improving performance skills by comparing performance with previous performance to evaluate and improve. National Curriculum: Range of dance styles and trampoline skills-improving performance skills by comparing compare with previous performance to evaluate and improve- New style of dance.	Girl: Netball, Cheerleading *Links: Prior learning Yr9: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. Transfer of skills to a new activity area. National Curriculum: Improve advanced skills and techniques. Develop a variety of tactics and strategies and evaluate performance to improve.	Girls: Athletics and Rounders **Links: Prior learning Yr9: Development of advanced skills and techniques. National Curriculum: Comparison of advanced skills and techniques to previous performance and perfect model to improve performance. Develop a variety of tactics and strategies and evaluate performance to improve.

Equipment needed for sessions:	What can you do to support your child?
PE Kit: Trainers, football boots, shine pads, white polo shirt or red/black rugby shirt, black tracksuit bottoms, black shorts, black plain jumper, black waterproof jacket.	<ul style="list-style-type: none"> • Encourage your child to take part in extension activities offered at college. • Encourage your child to join sports clubs in your community. • Encourage them to complete any homework tasks that may be set by their PE teachers to a high standard, asking them to show you the finished work.
How will learning be assessed and progress measured?	Extension and enrichment activities:
<ul style="list-style-type: none"> • Baseline assessment in Physical Education • Assessment based on progress in each activity • End of year summative assessment 	<ul style="list-style-type: none"> • Netball every Wednesday all year. • Football terms 1 and 4. • All other sports offered on the extension timetable may vary depending on day and time of year. • Visits to watch elite sport.