

Landau Learner Curriculum Overview

Subject: PE Director of Learning: NC Year: 9 Core

Curriculum organisation

Students are taught in mixed ability groups for the equivalent of one double lesson per week. All students will have the opportunity to develop their knowledge of the benefits of exercise and understand how to avoid a sedentary lifestyle and subsequently hypokinetic disease. All students will access OAA activities during sport and culture week.

Curriculum Intent: the curriculum aims to harness the specific interests' and strengths' of each student by offering a variety of activities. As a result, the curriculum ensures the inclusion of all students and promotes the spiritual, moral, cultural and physical development of each individual. Opportunity is provided throughout the curriculum for students to take part in competitive sport. Enabling students to develop resilience and co-operative skills. Further prospect to develop these skills alongside the ability to build trust in others and solve problems is provided through outdoor and adventurous activities.

What topics will students be studying this year? Includes links to National Curriculum, Curriculum Intent and Prior Related Learning*

| Term 1: | Term 2: | Term 3: | Term 4: | Term 5: |
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| Boys : Basketball and Fitness. *Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics. National Curriculum: Work co-operatively with others to apply successful tactics and strategies. | Boys: Cultural/Inclusive Sports *Links: Prior learning KS3: Limited experience- some students may have outside experience. National Curriculum: Depending on the sport selected. | Boys: Football *Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics. National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. | Boys : Rugby and Handball *Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics. National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. | Boys Rugby: Athletics and Cricket *Links: Prior learning KS3: Develop analysis skills to review performance to improve skills and techniques. Begin to compare skills to perfect model/previous performance to achieve personal best. National Curriculum: Develop advanced skills and techniques to improve performance and apply successful tactics and strategies. |
| Girls: Football and Netball *Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics. National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. | Girls: Dance *Links: Prior learning KS3: Develop analytical skills to improve technique and skill. Develop control of skills and techniques. Use of comparison to analyse performance. National Curriculum: Street dance styles and advanced trampolining skills- improving performance skills by comparing performance with previous performance to evaluate and improve. | Girls: Cheerleading *Links: Prior learning KS3: Links to dance and gymnastics National Curriculum: Solving problems as a team and individually. Improving performance skills by comparing performance with previous performance to evaluate and improve. | Girls Team: Trampoline, Handball and Fitness. *Links: Prior learning KS3: Improvement of specific skills and techniques. Application of strategies and tactics. Limited experience- some students may have outside experience.. National Curriculum: Development of advanced skills. Work co-operatively with others to apply successful tactics and strategies. | Girls: Athletics and Rounders/Cricket *Links: Prior learning KS3: Develop analysis skills to review performance to improve skills and techniques. Begin to compare skills to perfect model/previous performance to achieve personal best. National Curriculum: Develop advanced skills and techniques to improve performance and apply successful tactics and strategies. |

Equipment needed for sessions:

What can you do to support your child?

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| PE Kit: Trainers, football boots, shine pads, white polo shirt or red/black rugby shirt, black tracksuit bottoms, black shorts, black plain jumper, black waterproof jacket. | <ul style="list-style-type: none"> • Encourage your child to take part in extension activities offered at college. • Encourage your child to join sports clubs in your community. • Encourage them to complete any homework tasks that may be set by their PE teachers to a high standard, asking them to show you the finished work. |
| How will learning be assessed and progress measured? | Extension and enrichment activities: |
| <ul style="list-style-type: none"> • Baseline assessment in Physical Education • Assessment based on progress in each activity • End of year summative assessment | <ul style="list-style-type: none"> • Netball every Wednesday all year. • Football terms 1 and 4. • All other sports offered on the extension timetable may vary depending on day and time of year. • Visits to watch elite sport. |