

Landau Learner Curriculum Overview

Subject: PE Director of Learning: NC Year: 7

Curriculum organisation

Students are taught in mixed ability groups for the equivalent of one double lesson per week. Throughout the year each boys group and each girls group will be taught the same topic areas (activities) but in different orders due to spacing and facilities. Below outlines these areas, but may not be the order that every students will experience these. All students will have the opportunity to develop their knowledge of exercise safety and will have the opportunity to take responsibility for their own preparation for physical activity. All students will access OAA activities during sport and culture week.

Curriculum Intent: offer a range of activities to provide equity for all students, with the aim of engaging interest in exercise and sport. Opportunity is provided throughout the curriculum for students to take part in competitive sport, enabling students to develop resilience and co-operative skills.

What topics will students be studying this year? Includes links to National Curriculum, Curriculum Intent and Prior Related Learning*

| Term 1: | Term 2: | Term 3: | Term 4: | Term 5: |
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| <p>Boys: Dance and Gymnastics and Fitness.</p> <p>*Links: Prior learning KS2: Transfer of basic dance techniques and skills; stick skills, hand eye co-ordination. Transfer of basic techniques: rolls, shapes, balance.</p> <p>National Curriculum: Develop advanced dance techniques. Develop specific gymnastic techniques to improve performance.</p> | <p>Boys: Badminton and Basketball</p> <p>*Links: Prior learning KS2: transfer of basic skills; racquet/stick skills, hand eye co-ordination, throwing, catching, movement.</p> <p>National Curriculum: Develop specific badminton and basketball techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.</p> | <p>Boys: Football</p> <p>*Links: Prior learning KS2: transfer of basic skills; kicking, control, movement.</p> <p>National Curriculum: Develop specific football techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.</p> | <p>Boys: Rugby and Handball</p> <p>*Links: Prior learning KS2: transfer of basic skills; throwing, catching, movement.</p> <p>National Curriculum: Develop specific rugby/handball techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.</p> | <p>Boys: Athletics and Cricket</p> <p>*Links: Prior learning KS2: transfer of basic techniques: throwing, jumping, running, throwing/catching skills; batting, hand eye co-ordination.</p> <p>National Curriculum: Develop specific athletics techniques (shot, sprint start). Introduce analytical skills to compare and improve performance. Develop specific cricket techniques and knowledge of tactics.</p> |
| <p>Girls: Netball and Football</p> <p>*Links: Prior learning KS2: transfer of basic skills; throwing, catching, kicking/striking and movement.</p> <p>National Curriculum: Develop specific netball/football techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.</p> | <p>Girls: Dance (Irish) and Touch Rugby</p> <p>*Links: Prior learning KS2: transfer of basic dance techniques and skills; throwing, catching, movement.</p> <p>National Curriculum: Develop advanced dance techniques. Develop specific rugby/handball techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents.</p> | <p>Girls: Gymnastics and Trampolining.</p> <p>*Links: Prior learning KS2: transfer of basic techniques: rolls, shapes, balance.</p> <p>National Curriculum: Develop specific gymnastic and trampolining techniques to improve performance. Introduce analytical skills to compare and improve performance.</p> | <p>Girls: Handball and Fitness</p> <p>*Links: Prior learning KS2: transfer of basic skills; throwing, catching, batting movement.</p> <p>National Curriculum: Develop specific handball techniques to improve performance and develop knowledge of tactics and strategies to overcome opponents. Develop an understanding of what fitness is and how they can improve and monitor this.</p> | <p>Girls: Athletics and Cricket</p> <p>*Links: Prior learning KS2: transfer of basic techniques: throwing, jumping, running, throwing/catching skills; batting, hand eye co-ordination.</p> <p>National Curriculum: Develop specific athletics techniques (shot, sprint start). Introduce analytical skills to compare and improve performance. Develop specific Rounders techniques and knowledge of tactics.</p> |

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| Equipment needed for sessions: | | What can you do to support your child? | | |
| PE Kit: Trainers, football boots, shine pads, white polo shirt or red/black rugby shirt, black tracksuit bottoms, black shorts, black plain jumper, black waterproof jacket. | | <ul style="list-style-type: none"> • Encourage your child to take part in extension activities offered at college. • Encourage your child to join sports clubs in your community. • Encourage them to complete any homework tasks that may be set by their PE teachers to a high standard, asking them to show you the finished work. | | |
| How will learning be assessed and progress measured? | | Extension and enrichment activities: | | |
| <ul style="list-style-type: none"> • Baseline assessment in Physical Education • Assessment based on progress in each activity • End of year summative assessment | | <ul style="list-style-type: none"> • Netball every Wednesday all year. • Football terms 1 and 4. • All other sports offered on the extension timetable may vary depending on day and time of year. • Visits to watch elite sport. | | |