TERM ONE MENU WEEK SIX

Today's Special £2.60

	Monday 30 th September	Tuesday 1 st October	Wednesday 2 nd October	Thursday 3 rd October	Friday 4 th October
Main Dish	Chicken Fillet with Black Pepper Sauce	Chicken and Vegetable Pie	Sweet and Sour Chicken Balls	Sausage Roll	Breaded Fish Fillet with Parsley Sauce
Vegetarian Option	Quorn Fillet with Black Pepper Sauce	Vegetable Pie	Quorn In Sweet and Sour Sauce	Vegetable Roll	
Carbohydrates	Diced Herb Potatoes Sweet Potatoes	New Potatoes Mash Potatoes	Rice Noodles	Lyonaise Potatoes Chips	Mashed Potato Sauté Potatoes
Vegetables	Sweetcorn Roasted Veg	Cabbage Mixed Vegetables	Spring Rolls Oriental Veg	Baked Beans Spaghetti Hoops	Mushy Peas Baked Beans Peas
Jacket Potato Fillings	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna	Cheese Beans Tuna
	Salad Bar	Sandwiches	Wraps	Filled rolls	